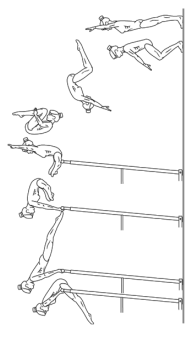
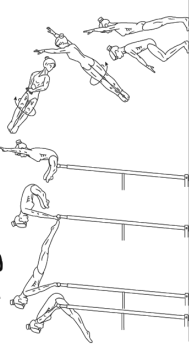
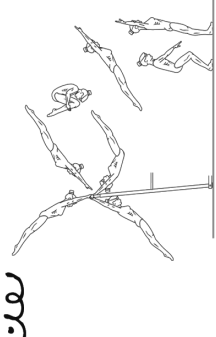
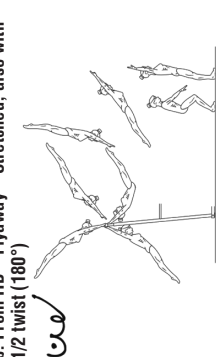
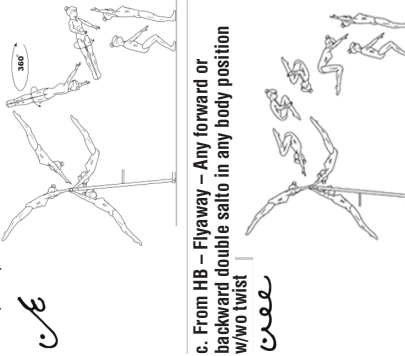
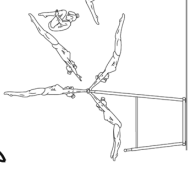
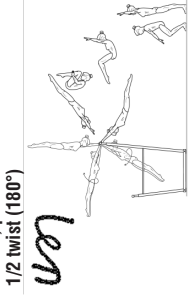


Medium		Superior	Group 9 – Dismounts	High Superior	Advanced High Superior
9.104		<p>9.204 From front support on either bar, straddle cut over bar, back salto (Tanac)</p> 	<p>9.304 From front support on either bar, straddle cut over bar, back salto with 1/1 twist (360°) or more (Tanac 1/1)</p> 	<p>9.404</p>	
9.105		<p>9.205 From HB – Flyaway – Swing down between bars, swing forward to salto backward (tuck/pike), also with 1/2 twist (180°)</p> 	<p>9.305 a. From HB – Flyaway – Tuck/pike with 1/1 twist (360°) b. From HB – Flyaway – Stretched, also with 1/2 twist (180°)</p> 	<p>9.405 a. From HB – Flyaway – Tuck/pike with 1 1/2 twist (540°) b. From HB – Flyaway – Stretched with 1/1 twist (360°) or more c. From HB – Flyaway – Any forward or backward double salto in any body position w/wo twist</p> 	
9.106	9.206	<p>9.306 a. From HB – From swing backward, inward front salto (tuck/pike/stretched), also with 1/2 (180°)</p> 	<p>b. From HB – Swing down in regular grip between the bars with grip change to cross grip 1/2 (180°) turn in range of hang position and swing upward – backward to salto forward tucked, piked or stretched also with 1/2 twist (180°)</p> 	<p>9.406 a. From HB – From swing backward, inward front salto with 1/1 twist (360°) or more b. Front support on HB, cast to inward front salto</p> 