

MHSAA L.P. Pre-Regional Cross Country Meet at Martin, MI

Region 4-61

Friday, October 23, 2020

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Location - US 131 Motorsports Park, 1249 12th Street, Martin, MI 49070

Team Registration Deadline

Registration deadline for schools and for Atheltic.net athlete registration is Saturday, October 17 at 6 p.m. Schools may enter 8 runners but only race 7 by rule. The 8 runners allow some flexibility for substitutions and injuries.

Schedule

- 11:30 Course Opens
- 12:00 Coaches meeting (At finish line)
- 1:00 Men's Varsity (report 12:50)
- 1:30 Girl's Varsity (report 1:20)
- 2:30 Must be out so we can prepared for the D2 Pre-Regional

Team Area Each team will be assigned an area behind the grandstand. **Your box will correspond to your starting box.** We please ask that parents keep out of this area.

Packet Pick-up, Changes and Substitutions

- Packet Pick-up will open at 11:30 AM – at the finish line
- If you need to make a change or substitution please do so that this time. (can only between the 8 registered)
- Justin Ansel with Stampede timing will be making changes and scoring the meet.

Timing, Scoring & Results

- Bibs - Do not alter the bib. Bibs need to be clearly visible during the race.
- Coaches – please check the unofficial results within the 15 minutes of posting, before they become official. Verify that all of your runners are on the results.
- Printed results will be provided for each race and will be available at the finish line. Results will be posted at: athletic.net, www.mhsaa.com

Regional Qualifiers

- Top 4 teams in each race advance to the MHSAA Regional Finals at **Allendale High School**. In an event there is a tie between the 4th place teams, the 6th place runner will determine the 4th place winner. If a team does not have a 6th run, the team with the 6th runner will be ruled the 4th place team winner.
- The top 7 individuals not on a qualifying team will also advance to the MHSAA Regional Finals at **Allendale High School**

Mask Policies

- Athletes will continue to follow mask protocols set forth by the MHSAA Guidelines/individual schools released back in August/September.
- Parents/spectators will follow MDHHS policy to wear a face when you are unable to separate more than 6 feet. Since spectators and fans will be moving as the race progresses it is recommended by the host school that you wear a mask the entire time you are outside of your vehicle. Failure to do so could result in you being asked to leave.

General Info: The starting line is behind the grandstands and the race will head north to start. We ask all runners as well as spectators to not walk/drive on the track.

Parking and Admittance for Spectators

- ❑ We will charge a fee of \$5.00 per person or \$10 per car as required with MHSAA Guidelines. Please inform all parents, administrators and non-participating athletes of this fee. Please use the provided parking areas on the South End of the track. Parents transporting competing athletes will still be charged admission.

Parking and Admittance for Teams

- ❑ Buses and team vans will drop off runners at the South end and will then park in the farthest south parking spaces

Restrooms/Dressing Facilities

- ❑ Bathrooms will be available at the speedway.
- ❑ We will not have locker rooms available for changing.
- ❑ NO WATER will be provided or available, please bring your own.

MHSAA Pre-Regional Apparel & Concessions

- ❑ Official MHSAA Pre- Regional Cross Country apparel will be for sale (t-shirts, long-sleeved shirts, hooded sweatshirts and sweatpants). You may order items that are out of stock. Cash and checks are accepted (payable to Plainwell High School).

Medical/Trainer: A medical trainer will be on site at the finish line. Please bring any necessary supplies for your athletes

Games Committee

The games committee will include the following coaches in addition to Scott Evans (Meet Manager). If an appeal involves a school from the games committee, the alternate will be determined.

<i>Division 4</i>
1.
2.
3.

Starters/Referees - MHSAA official will be: Stan Jesky-Registered MHSAA official

Division 4	Girls	Boys
Gobles	1	1
Holland Calvary	4	4
Martin	7	7
New Buffalo	5	5
Saugatuck	2	2
St. Joseph Lake Michigan Catholic	6	6
Three Oaks River Valley	3	3

