

**FINAL TRACK – GENERAL INFORMATION**

**THIS DOCUMENT WILL SERVE AS YOUR OFFICIAL TEAM UNIFORM WARNING.**

Welcome to the 2017 Boy's and Girl's Lower Peninsula Final Track Meet. The Grand Rapids Area is again pleased to be your host for all Divisions. We hope your visit will be a pleasant one. Your local host will be:

Division 1 – East Kentwood High School

Division 2 – Zeeland East and West High Schools

Division 3 - Comstock Park High School

Division 4 – Grand Rapids Public Schools – Houseman Field

If you have any questions regarding any of the meets, please contact any of the following:

Division 1 – Blaine Brumels Athletic Director – 616-698-3013

Division 2 – Tim Ritsema, Athletic Director – 616-748-3124

Division 3- Tony Petkus, Athletic Director – 616-254-5230

Division 4 – Lew Clingman, Meet Manager – 616-690-0553

All Site Coordinator: Lew Clingman, 616-690-0553, [lewclingman@gmail.com](mailto:lewclingman@gmail.com)

1. **TRACKS** – All of the Tracks are polyurethane surfaces, metric and eight (8) lanes.
2. **ADMISSION** - \$8.00 at all sites, good for the whole day, parking \$3.00.
3. **PROGRAMS** - \$4.00 at all sites. This will include an insert of entries.
4. **ENTRIES** – A list of entries may be located on the MHSAA web site at [www.mhsaa.com](http://www.mhsaa.com) on the Tuesday following the Regional Meet. If you find any errors, or if one of your athletes has been omitted, please call the appropriate meet manager by Friday, May 27<sup>th</sup>. **Known scratches should be made via athletic.net ASAP after the Regional Meet so heat sizes can be planned . Also, you are asked to declare all four relay athletes expected to run by Friday, May26th via athletic.net. This will not prohibit day of substitutions for other eligible athletes.**
5. **STARTING BLOCKS** – All sites will furnish starting blocks. Individual bocks must be approved by the Starter.
6. **SCRATCHES** – 9:00am for the morning events. 12:00pm for the afternoon event. All scratches are to be written on the officials scratch sheet found in the coach's packet. They are to be turned in to the designated area prior to the times listed. If you know of any potential scratches before the day of the event, please contact the appropriate manager.
7. **BATONS** – you must furnish your own batons.
8. **SCORING** – 10-8-6-5-4-3-2-1 in all events (8 places)
9. **AWARDS** – Medals for first 8 places. Trophies to winning and runner-up teams. **Medals will be presented at the awards stand after the next event. Pease remind your athletes to remain on the field until after they have received their awards.**
10. **WARM-UP AREAS** – A designated warm-up area will be provided at each site. Please check your local rules.
11. **CONTESTANT / COACH ADMISSION** – Contestants must be in uniform and accompanied by a coach or designated school representative. Coaches must be wearing their pass/wrist band

which can be picked up at the sites either on Friday, June 3<sup>rd</sup> or on Saturday, June 4<sup>th</sup>. See local rule for pick up location. Each qualifying team will be allowed **3 coaching passes and one parking pass.**

12. **MERCHANDISE SALE:** Merchandise will be available at the sites on Friday, 6/3, and Saturday 6/4.
13. **UNIFORM RULE** – will be strictly enforced. Please discuss the rules with your team.

## **CONSIDER THIS YOUR TEAM WARNING.**

14. **RELAY CARDS** – Relay athletes will be pre-declared via athletic.net. Relay cards will only be used for substitutions on the day of the meet. You will list only the substituted athlete(s).
15. **CROWD CONTROL** – Coaches are not allowed on the track or football field, except in the case where a Field Event is being contested on the infield, then the coaches are restricted to the designated coaches box and they must vacate immediately after the competition pertaining to their particular athlete is completed , or in the case of an injured athlete. Athletes not in competition must remain outside the track/football area.
16. **CHECKING IN-** All athletes must check in with the clerk of the course in the staging area after the first call and prior to the final call for the event.
17. **MHSAA PARTICIPATING TEAM INFORMATION** – Please read over the information found in the Participating Team Information on the MHSAA web site very carefully and thoroughly. The following are specific points of emphasis:
  - A: All shots and Disc must be weighed in and marked approved before they can be used. All illegal equipment will be held until the end of the day.
    - Morning Session Weigh – In – 8:00am to 9:15am
    - Afternoon Weigh In - 11:00am to 12-00pm
  - B: Starting Heights and raises for Vault and High Jump.
  - C: Boys events will be run first
  - D: 3200 Meter Relay / 800m Run 20 or less – one section. 21 or more entries – two sections with the 12 fastest times plus ties in the second heat for the Relay, 16 fastest plus ties for the 800m.
  - C: 1600m two sections when entries exceed 24 with the fastest 16 plus ties in the second heat.
  - D: One heat of the 3200m Run.
  - E: Alley starts used in the 800m, 1600m, 3200m and 3200m Relay.
  - F: 3200m Relay will use a 2 turn stagger, 1600m Relay will use a three turn stagger.
  - G: Open pit will be used in the Long Jump for Pre-lim and Finals. (1 ½ hrs for PreLims, 1hr for Finals)
  - H: Shot and Disc will be conducted in flights (size depending on number of throwers) . Throwers will get three warm up throws between flights. Flights arranged in reverse order.
  - I: Time limits for all field events will be enforced. If an athlete must leave a field event for another event he/she must inform the event judge of the situation and then return to the field event no longer than 10 min after completion of the previous event .
  - J: VIDEO – Athletes can view videos of their competition but not during the competition. No electrical outlets will be provided by the management .
  - K. Advancement in the 100m, Hurdles and 200m will be : First round heat winners and next fastest times to complete the 8 person field for the final race.
18. The sites will be open on Friday 6/2 from 4:00pm to 7:00pm for team inspection. **The field event venues will be closed due to safety concerns. Steps can be marked but the pits are closed. Please use chalk to mark your steps, no tape. Pole can be approved for competition and stored overnight if desired.**

19. **Finish Line Administration will be provided by Michiana Timing at all four sites. Finish Lynx systems will be used at all four sites**
20. **RESULTS-** Unofficial results will be found at <http://fatresults.com/> Official results will be posted at [mhsaa.com](http://mhsaa.com) on Saturday, 6/3, in the evening.

### **2017 MHSAA Div 1 and 3 Track Final Meet – Time Schedule**

8:00am	Gates open Shot and Disc weigh-in, Pole Inspection
9:00am	Morning scratches due
9:30am	B /G Pole Vault Boys Disc/ Long Jump Girls Shot Put / High Jump (open pit 9:30am to 10:45am)
9:55am	National Anthem
10:00am	3200 Meter Relay Round 1- 100 Meter / 110-100 Meter Hurdles / 200 Meter
11:00am	Boys Long Jump Finals
11:30am	Afternoon weigh in (Shot and Disc)
12:00pm	Afternoon scratches due
12:15pm	Boys Shot Put / High Jump (open pit 12:15pm – 1:30pm) Girls Disc / Long Jump (open pit 12:15pm to 1:30pm Finals at 1:45 pm)
12:55pm	National Anthem
1:00pm	Running Finals
4:45pm	Awards presentation (approximate time)

### **2017 MHSAA Div 2 and 4 Track Final Meet – Time Schedule**

8:00am	Gates open Shot an Disc weigh in, Pole Inspection
9:00am	Morning scratches due
9:30 am	Boys and Girls Pole Vault / High Jump / Long Jump (open pit 9:30am-10:45am) Boys Disc / Girls Shot Put
9:55am	National Anthem
10:00am	3200 Meter Relay Semi Finals 100Meter / 110-100 Meter Hurdles / 200 Meter
11:00am	B / G Long Jump Finals
11:30am	Afternoon Weigh in (Shot and Disc)
12:00pm	Afternoon scratches due
12:15pm	Girls Disc / Boys Shot Put
12:55pm	National Anthem
1:00pm	Running Finals
4:45pm	Awards Presentation (approximate time)

***GIRLS WILL RUN FIRST IN 2017***



# *Live Track Finals*

## *On MHSAA.TV*

## **L.P. & U.P. Track Finals**

**Greater Grand Rapids Area & Kingsford - June 3**

**Live streaming video of all running prelims  
and finals will be available**

**Upper Peninsula coverage begins at 10 a.m. (EDT) and runs all day**

**Lower Peninsula Morning Session coverage begins at 10 a.m.**

**Lower Peninsula Afternoon Session coverage begins at 1 p.m.**

**SUBSCRIBE TO MHSAA.TV FOR JUST \$9.95,**

**AND ALSO GET ACCESS TO COVERAGE OF**

**THESE SPRING CHAMPIONSHIPS:**

**BOYS & GIRLS LACROSSE FINALS - JUNE 10**

**BASEBALL-SOFTBALL SEMIFINAL & FINALS - JUNE 15-17**

**GIRLS SOCCER FINALS - JUNE 16-17**

**MHSAA.TV  
WATCH LIVE**



**ALL EVENTS BECOME AVAILABLE FOR FREE, ON-DEMAND VIEWING 72 HOURS AFTER THEIR COMPLETION.  
\$9.95 PASS IS GOOD FOR 30 DAYS AND MUST BE CANCELLED WITHIN THAT TIME TO AVOID RECURRING CHARGES.**

# Your Cooperation Please...

The NFHS Network will be broadcasting the MHSAA Track Finals. The Network holds the exclusive video broadcast and streaming rights to this MHSAA Tournament. The individual live streaming of all – or any part – of a tournament event is strictly prohibited and is in direct violation of the MHSAA's contracts with the NFHS Network. Please notify your fans and parents of this policy, and encourage fans who can't attend to visit [NFHSNetwork.Com](http://NFHSNetwork.Com) or [MHSAA.TV](http://MHSAA.TV) to watch this event.

